

# myData Tools: Hypertension Dashboard

With data from the Health Information Exchange, you can receive actionable and valuable insights on your patients with uncontrolled and undiagnosed hypertension.



**myData** is an innovative application that allows users to easily access and understand their patient profiles, identify gaps in care, and see how they rank in quality measures.

## What's included in this dashboard?

Review your patient's list using AHA/ACC guideline to identify patients with hypertension, including:

### Diagnosed Hypertension

- + At least one hypertension diagnosis code on file
- + No code on file for excluded diagnosis (ESRD, Pregnancy)
- + Normal: Systolic < 120 and Diastolic < 80
- + Elevated: Systolic 120 - 129 and Diastolic < 80
- + Stage 1: Systolic 130 - 139 or Diastolic 80 - 89
- + Stage 2: Systolic  $\geq$  140 or Diastolic  $\geq$  90
- + Hypertensive Crisis: Systolic > 180 or Diastolic > 120

### Undiagnosed Hypertension

- + No hypertension diagnosis code on file
- + Multiple elevated BP occurrences in the last 2 years
- + Latest BP stage 1 (w/diabetes diagnosis), stage 2, or hypertensive crisis

### At-Risk

- + No hypertension diagnosis code on file
- + Multiple elevated BP occurrences in the last 2 years

## What can you do with this information?

### Filter and review patient lists

Manage your patients using filters that provide:

- + Hypertension diagnosis
- + HTN Stage
- + BP Measured in the last year or 2 years
- + Race
- + Age Range
- + Gender

## How can this product improve your patient care?

### Help meet standards of care by:

- + Creating a list of patients with stage 2 hypertension to review and manage their care
- + Making a list of patients with a diagnosis of hypertension who have not had blood pressure measurements within the last year
- + Creating a list of all patients with undiagnosed hypertension to review and confirm the diagnosis for care management

### Refer patients to evidence-based programs

Connect your patient with the evidence-based community program right for them with only a few clicks, such as the YMCA Blood Pressure Self-Monitoring Program using our Community Referrals platform.



To learn more about our Hypertension Dashboard and how it can help your organization, send us a message at [info@healthconnections.org](mailto:info@healthconnections.org) or call us at 315-671-2241 x5.



[healthconnections.org](http://healthconnections.org)